

CHOOSING A CONFIRMATION SPONSOR AND SAINT NAME

Who Can Be Your Sponsor?

- Choose someone that you can talk to about your faith, who will be a good role model for you, and who will take an active role as your sponsor. Since parents are the primary faith educators; they already have an important role in your faith journey and should not serve as sponsors.
- A Godparent is a great choice. The sponsor may be male or female and must be at least 16 years of age.
- The sponsor must be a fully initiated, practicing Catholic. Fully initiated means that they have received the Sacraments of Baptism, Eucharist and Confirmation.

How To Choose a Saint Name

- Start by doing a little research! Try <http://www.catholic.org/saints>, or <http://saints.sqpn.com>. These sites list by saint, topic, and patron. We also have print resources that you are welcome to borrow.
- Choose a Saint that did something that inspires you or encourages you to develop a quality that you really admire.
- Choose a Saint that represents an activity or occupation that you love. There is a Patron Saint for almost everything (music, medicine, sports, technology, etc ...)
- Choose a Saint that has the name of a family member that you wish to honor. If you choose this option, you still must do research about this Saint and be able to tell why their life was important or what qualities they had that you wish to imitate.

Please Print

Candidate Name: _____

My Sponsor Is: _____
(First & Last Name)

My Saint Name Is: _____

Please complete the back of this form.
Confirmation Final Prep Students must return this form before
the Enrollment Ceremony

SPONSOR

Please provide the first and last name of your sponsor and write a short paragraph about why they were chosen.

SAINT

Please write a paragraph about your Saint and why they were chosen. If you choose a Saint name to honor a special person in your life, you must provide details about why you admire the qualities or life of this person.