

## CHOOSING A CONFIRMATION SPONSOR & SAINT NAME

### SPONSOR

*A sponsor is a person who encourages and assists a candidate to embrace and actively practice the Catholic faith both before and after Confirmation. You should choose someone that you can talk to about your faith, who will be a good role model for you, and who will take an active role as your sponsor. Since parents are the primary faith educators, they already have an important role in your faith journey and may not serve as sponsors.*

#### Requirements to be a Confirmation Sponsor

- Must be at least 16 years of age.
- May not be the parent of the candidate.
- Has received the Sacraments of Baptism, Eucharist and Confirmation.
- Is a registered member of a parish, a practicing Catholic and is able to receive the Sacraments.
- If married, be in a canonically valid marriage recognized by the Roman Catholic Church.
- Must have the intention of encouraging the candidate to be a true witness to the Catholic Faith by actively practicing their faith.

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### SAINT NAME

*The tradition of taking on a new name to show a new role can be traced back to the Old Testament. When Abram was called to lead his people to believe in the one true God, his name was changed from Abram to Abraham meaning “the father of many nations.” Again, in the New Testament we find Simon’s name changed from Simon to Peter, meaning “Rock” because he was to become the rock upon which Jesus founded His Church. Likewise, your Confirmation Name should reflect the NEW role you will undertake as a more mature Catholic.*

*Your Confirmation name should be the name of a Catholic Saint. You can choose your baptismal name, or you can choose a completely new name. The name you select can be to honor someone in your life (parent, grandparent, etc.) whom you respect and admire for their example of love and holiness.*

*Don’t just pick a name you like - Know your Saint! Research the lives of Catholic Saints and see which Saint reflects a virtue or value you wish to aspire to; or, perhaps the patron Saint of your life’s interest or passion. The goal is to pick the name of a Saint you admire, can relate to, or aspire to be like.*

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### ONCE YOU HAVE CHOSEN A SPONSOR & SAINT NAME:

1. Complete page 2 of this handout, including 2 brief paragraphs explaining:
  - a. why you chose this person to be your sponsor.
  - b. why you chose your Saint Name
2. Have your sponsor complete and sign the SPONSOR STATEMENT OF FAITH form (pg.3)
3. Return completed/signed forms to either Parish Office, attn. Confirmation Program.

Christ the King  
21 Cherry Tree Circle  
Liverpool, NY 13090

Pope John XXIII  
8290 Soule Road  
Liverpool, NY 13090

### **SPONSOR & SAINT NAME INFO**

Candidate Name: \_\_\_\_\_

My Sponsor is: \_\_\_\_\_

My Saint Name is: \_\_\_\_\_

#### **SPONSOR**

Please describe why you chose this person to be your sponsor.

#### **SAINT NAME**

What made you decide to choose this Saint as your patron for Confirmation? How is this Saint an example for your life?

# Faith Formation Program

## Confirmation Sponsor's Statement of Faith

*I recognize that, as a sacramental sponsor, for \_\_\_\_\_*  
Confirmation candidate first & last name

*I must keep God's Commandments as Jesus teaches us through the Scriptures and the Church. I express my faith by loving God and my neighbor, by worshipping God in private and with His people in my parish community on Sundays and Holy Days of Obligation, by regularly receiving the Eucharist, by regularly participating in the Sacrament of Reconciliation and by setting a good example.*

I, \_\_\_\_\_, hereby state that I am:  
Sponsor first & last name

- *A Baptized and Confirmed Catholic*
- *A registered member of \_\_\_\_\_ Parish*
- *Participate actively in my parish by attending weekly Mass and Holy Days of Obligation*
- *If married, my marriage is canonically valid and recognized by the Catholic Church*
- *Regularly receive the Eucharist and Sacrament of Reconciliation*
- *Actively support my parish*
- *Open to God's word as taught in the Bible and by the Roman Catholic Church*
- *A believer in Jesus*
- *Trying to live as I believe and as my Church teaches*

By signing below, I am affirming that all of the above statements are true.

\_\_\_\_\_  
Sponsor signature

\_\_\_\_\_  
Date