

Examination of Conscience

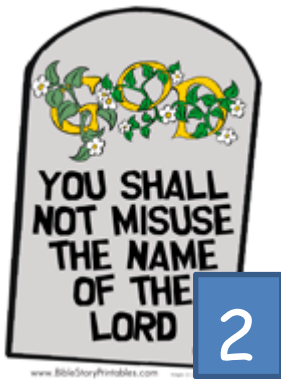


There is only one God.

Do I pray every day?

Do I put my trust in luck rather than God alone?

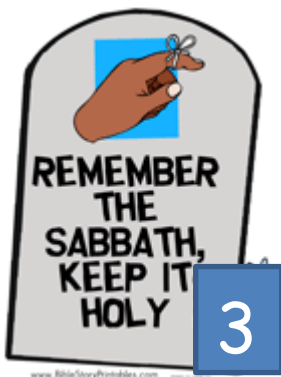
Do I worship God only?



Respect the name of God.

Have I used the words "God" or "Jesus" to someone because I was mad?

Have I used bad words?



Go to mass on Sunday.

Have I missed services on Sunday?

Do I pay attention during services?

Do I make it hard for others to hear or pay attention?

Do I avoid unnecessary work on Sunday?

Do I make Sunday a day of prayer and rest?



Respect your mother and father.

Do I obey my parents?

Have I mistreated them by what I say or what I do?

Am I willing to help around the house?

Do I try to get along with my brothers and sisters? Am I a tattletale or bully?

Do I give a good example to others?

Do I obey others that I should....like teachers, police, and baby-sitters?



Take care of all that God has made.

Do I beat up others or hurt their bodies?

Do I say mean things or make fun of others to hurt their feelings?

Do I say mean things about others behind their backs?

Have I stopped speaking to someone?

Do I encourage others to do bad things?



Treat your body as a gift from God.

Do I treat my body and other people's bodies with respect?

Do I look at TV shows, movies, or pictures that are bad and disrespectful to others?

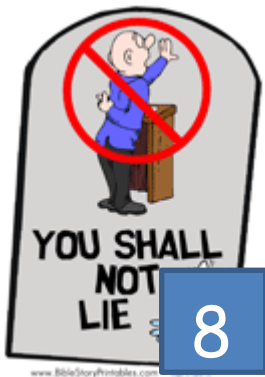


Respect the property of others.

Have I taken things that were not mine from a store or another person?

Have I ruined another person's property for fun?

Do I return things that I borrow, and in good condition?



Always tell the truth.

Am I honest in my school work?

Do I cheat or copy other people's work?

Do I tell lies to make myself look good?

Do I tell lies to protect myself from punishment?



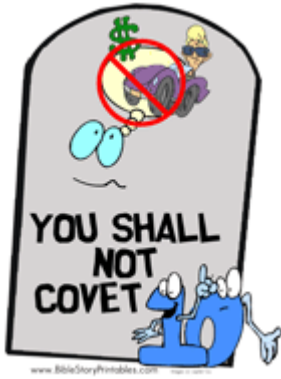
Respect the families of others.

You shall not covet your neighbor's wife (meaning...you shall not strongly desire another person's family or friends)

Do I allow my parents to spend time together or do I get jealous?

Do I get mad when I have to share my friends?

Do I get jealous of others family and friends?



Be happy with what you have.

You shall not covet your neighbor's goods (meaning...you shall not strongly desire another's stuff)

Am I jealous or envious of the things my friends have?

Am I jealous because my friends can play sports better than I can?

Am I thankful to God and my parents for what they have given me?

Do I share the things I have with my family, friends and poor people?